

**Rotary Club of Yonkers-East Yonkers**  
**First Annual Youth Speech Contest**  
**Speech Writing & Public Speaking Resources**

This handout is intended for contestants who may be unfamiliar with either writing or delivering a speech or public speaking generally.

The articles and videos in this handout are not required reading or viewing for the contest.

This handout also is not an exhaustive list of available resources; many additional resources are available online and elsewhere.

The articles and videos in this handout are categorized as relating to:

- Speech Writing;
- Public Speaking; and,
- Sample Speeches,

but are not listed in any particular order.

All links in this handout were last accessed March 2, 2022.

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## Speech Writing

- “12 Steps To World Class Presentation Skills,” Charisma on Command, available at <https://bit.ly/3C5dTop>
- Jeff Schmitt, “10 Keys To Writing A Speech, Forbes (July 16, 2013), available at <https://bit.ly/3IEpXPU>
- Joanna Cutrara, “If You Want to Write a Great Speech, Here’s How to Do It,” Grammarly Blog (May 22, 2019), available at <https://bit.ly/3Mhhh4g>
- “How to write a perfect speech” (video on YouTube), BBC Ideas, available at <https://bit.ly/3hCfliU>
- “How to Write a Structured Speech in 5 Steps,” MasterClass (Aug. 18, 2021), available at <https://bit.ly/3tokYwf>
- “Speeches,” University of North Carolina at Chapel Hill Writing Center, available at <https://unc.live/3C5m83P>
- “Speechwriting 101: Writing an Effective Speech,” Public Affairs Council, available at <https://bit.ly/3psOBvm>
- “The Key To Successful Speech Writing,” Indeed (Feb. 11, 2021), available at <https://indeedhi.re/3sAn64P>

## Public Speaking

- “9 Tips to Improve Your Public Speaking Skills,” Saint Leo University (May 28, 2021), available at <https://bit.ly/3ICQwVD>
- Aygun Seker, “How to be an effective Public Speaker” (video on YouTube), TEDx Talks, available at <https://bit.ly/3C9hvWv>
- “Five Basic Public Speaking Tips” (video on YouTube), Toastmasters International, available at <https://bit.ly/3tIZoZi>
- Marjorie North, “10 Tips for Improving Your Public Speaking Skills,” Harvard University, Division of Continuing Education (Mar. 17, 2020), available at <https://bit.ly/3C5Odre>
- Nick Avallone, “10 Videos On The Art of Public Speaking,” Ace-up (Jan. 26, 2017), available at <https://bit.ly/3KeHyOP>
- Peter Khoury, “The Top 9 Characteristics of Effective Public Speakers,” Magnetic Speaking, available at <https://bit.ly/3Mb7Lzz>
- Richard Zeoli, “Seven Principles of Effective Public Speaking,” American Management Association (Jan. 24, 2019), available at <https://bit.ly/3Kf9XnT>
- “Speaking Mistakes to Avoid” (video on YouTube), Toastmasters International, available at <https://bit.ly/3hyXr6c>
- YouTube Channel of Communication Coach Alex Lyon, available at <https://bit.ly/35hO4pb>

## Sample Speeches

- Blythe Castille, "The Difference Between Lemons and Lemonade," National Speech and Debate Association 2021 National Champion in Original Oratory, available at <https://bit.ly/3MeVJ89>
- Katherine Rollins, Tournament of Champions 2020 Champion in Original Oratory, available at <https://bit.ly/3pvO0cm>
  - Elimination Rounds of Original Oratory at the 2020 Tournament of Champions, available at <https://bit.ly/3K4UN4g>
- Haris Hosseini, "Simply Put," National Speech and Debate Association 2019 National Champion in Original Oratory, available at <https://bit.ly/3pSBvl3>
  - Halima Badri, "Won't You Be My Neighbor," National Speech and Debate Association 2019 Finalist in Original Oratory, available at <https://bit.ly/3vzp33y>
- Halima Badri, "The Quest for the Golden Apple," National Speech and Debate Association 2018 National Champion in Original Oratory, available at <https://bit.ly/3KbvBte>
- Verity Price, "A Great Read," Toastmasters International 2021 World Champion of Public Speaking, available at <https://bit.ly/3Ca7dW8>
  - YouTube Playlist for Toastmasters International 2021 World Championship of Public Speaking, available at <https://bit.ly/3K8JZ5b>
- Mike Carr, "The Librarian & Mrs. Montgomery," Toastmasters International 2020 World Champion of Public Speaking, available at <https://bit.ly/347ZeMD>
  - YouTube Playlist for Toastmasters International 2020 World Championship of Public Speaking, available at <https://bit.ly/3Hv9uMB>
- Aaron Beverly, "An Unbelievable Story," Toastmasters International 2019 World Champion of Public Speaking, available at <https://bit.ly/3K71ses>
  - Luisa Montalvo, "First Impressions," Second Place, Toastmasters International 2019 World Championship of Public Speaking, available at <https://bit.ly/3Cbt3Zk>
  - Kwong Yue Yang, "Less and More," Third Place, Toastmasters International 2019 World Championship of Public Speaking, available at <https://bit.ly/35hU1m1>
- Bukunmi Araba, "Genetic Modification of Babies," First Place, 2019 Rotary District 6630 4-Way Test Speech Contest, available at <https://bit.ly/3vyC791>
- Bukunmi Araba, "Down Syndrome Abortion," First Place, 2018 Rotary District 6630 4-Way Test Speech Contest, available at <https://bit.ly/3vyf9yV>
- Suraj Srinivasan, "America's Pharmaceutical Crisis," First Place, 2017 Rotary District 6630 4-Way Test Speech Contest, available at <https://bit.ly/3K4ZCuo>
- Information About, and Videos From, the Rotary District 7390 4-Way Test Speech Contest, available at <https://bit.ly/3C96qET>